

PRODUCT	HEALTH STAR RATING	Nutrition Information per 100g								Nutrition Information per Serve								
		ENERGY (kJ)	PROTEIN (g)	TOTAL FAT (g)	SATURATED FAT (g)	CARBOHYDRATE (g)	DIETARY FIBRE (g)	SUGAR (g)	SODIUM (mg)	SERVE SIZE (g)	ENERGY (kJ)	PROTEIN (g)	TOTAL FAT (g)	SATURATED FAT (g)	CARBOHYDRATE (g)	DIETARY FIBRE (g)	SUGAR (g)	SODIUM (mg)
AZTEC® CORN CHIPS - CHEESE	★	2160	8.1	26.3	12.8	60	3.5	2	680	27	583	2.2	7.1	3.5	16.2	1.0	0.5	184
BLUEBIRD DUOS® CHIPS - CHEDDAR & CRISPY BACON	◇	2250	6.8	33.3	16.2	51.7	2.7	2.6	661	27	607	1.8	9	4.4	14	0.7	0.7	179
BLUEBIRD DUOS® CHIPS - CHICKEN & HONEY BARBECUE SAUCE	★	2250	7.1	33.3	16.2	51.2	2.9	3	599	27	607	1.9	9	4.4	13.8	0.8	0.8	162
BLUEBIRD DUOS® CHIPS - NACHOS & SOUR CREAM	★	2250	6.9	33.2	16.1	52.1	2.8	3.5	492	27	608	1.9	9	4.4	14.1	0.8	1	133
BLUEBIRD DUOS® CHIPS - SWEET CHILLI & SOUR CREAM	★	2250	6.7	33.1	16.1	52.3	2.8	4.1	442	27	608	1.8	8.9	4.4	14.1	0.8	1.1	119
BLUEBIRD® BIGUNS® FLAVOURED CORN SNACKS - CHEESE	◇	2260	6.4	32.3	15.8	58	0.1	7.2	575	40	904	2.6	12.9	6.3	23.2	0.1	2.9	230
BLUEBIRD® BURGER RINGS FLAVOURED SNACKS	◇	2280	6.1	33.9	16.5	55.3	0.2	4.6	1050	24	547	1.5	8.1	4	13.3	0.0	1.1	253
BLUEBIRD® CHEEZELS® FLAVOURED SNACKS	◇	2260	6.4	32.3	15.8	58	0.1	7.2	575	24	542	1.5	7.8	3.8	13.9	0.0	1.7	138
BLUEBIRD® ORIGINAL CUT POTATO CHIPS - CHICKEN	◇	2240	7.5	33.3	16.2	50.4	2.8	2.1	790	27	604	2	9	4.4	13.6	0.8	0.6	213
BLUEBIRD® ORIGINAL CUT POTATO CHIPS - CRISPY BACON	★	2260	6.6	33.3	16.2	52.5	2.7	3	493	27	609	1.8	9	4.4	14.2	0.7	0.8	133
BLUEBIRD® ORIGINAL CUT POTATO CHIPS - READY SALTED	★	2290	6.7	34.9	17	50.7	2.9	1	440	40	917	2.7	14	6.8	20.3	1.2	0.4	176
BLUEBIRD® ORIGINAL CUT POTATO CHIPS - SALT & VINEGAR	◇	2220	6.5	33.7	16.3	50.1	2.8	1.5	835	27	600	1.8	9.1	4.4	13.5	0.7	0.4	226
BLUEBIRD® ORIGINAL CUT POTATO CHIPS - SOUR CREAM & CHIVES	★	2240	6.7	33.4	16.3	51.6	3.0	3	644	27	606	1.8	9	4.4	13.9	0.8	0.8	174
BLUEBIRD® POPPAJACKS® FLAVOURED WHEAT SNACK	◇	2000	8.4	19.9	9.5	65	1.8	3.1	1680	25	499	2.1	5	2.4	16.3	0.5	0.8	420
BLUEBIRD® RASHUNS® FLAVOURED SNACKS	◇	2110	7.3	25.6	12.4	63.7	0.1	9.2	647	24	507	1.8	6.1	3	15.3	0.0	2.2	155
BLUEBIRD® REAL FRUIT FLAVOURED BAR - APRICOT	★◇	1630	2	6.3	4.8	78.8	4.7	62.5	47	20	325	0.4	1.3	1	15.8	0.9	12.5	9
BLUEBIRD® REAL FRUIT FLAVOURED BAR - PINE LIME	★◇	1630	2	6.4	4.8	78.8	4.7	62.5	47	20	326	0.4	1.3	1	15.8	0.9	12.5	9
BLUEBIRD® REAL FRUIT FLAVOURED BAR - RASPBERRY	★◇	1620	2	6.3	4.8	78.6	4.7	62.4	50	20	325	0.4	1.3	1	15.7	0.9	12.5	10
BLUEBIRD® REAL FRUIT FLAVOURED BAR - STRAWBERRY	★◇	1630	2	6.3	4.8	79	4.7	62.5	48	20	325	0.4	1.3	1	15.8	0.9	12.5	10
BLUEBIRD® THICK CUT POTATO CHIPS - CRISPY BACON	★	2240	6.6	33	16	52	2.8	3.6	553	27	604	1.8	8.9	4.3	14	0.7	1	149
BLUEBIRD® THICK CUT POTATO CHIPS - READY SALTED	★	2290	6.7	34.9	17	50.7	2.9	1	440	18	413	1.2	6.3	3.1	9.1	0.5	0.2	79
BLUEBIRD® THICK CUT POTATO CHIPS - SOUR CREAM & CHIVES	◇	2220	6.6	32.9	16	51.7	3.0	3.5	803	27	601	1.8	8.9	4.3	14	0.8	0.9	217
BLUEBIRD® THINLY CUT POTATO CHIPS - CHICKEN	★◇	2240	7.5	33.3	2.6	50.8	2.8	2.7	796	27	606	2	9	0.7	13.7	0.8	0.7	215
BLUEBIRD® THINLY CUT POTATO CHIPS - PRAWN COCKTAIL	★★	2240	6.6	32.9	2.6	51.3	2.8	3.9	503	27	605	1.8	8.9	0.7	13.9	0.8	0.8	136
BLUEBIRD® THINLY CUT POTATO CHIPS - READY SALTED	★★◇	2290	6.7	34.9	2.7	50.7	2.9	1	440	18	413	1.2	6.3	0.5	9.1	0.5	0.5	79
BLUEBIRD® THINLY CUT POTATO CHIPS - SALT & VINEGAR	★◇	2220	6.5	33.7	2.6	50.1	2.8	1.5	835	27	600	1.8	9.1	0.7	13.5	0.8	0.8	226
BLUEBIRD® THINLY CUT POTATO CHIPS - SOUR CREAM & CHIVES	★★	2240	6.7	33.4	2.7	51.6	3.0	3	644	27	606	1.8	9	0.7	13.9	0.8	0.8	174
BLUEBIRD® TWISTIES FLAVOURED CORN SNACKS - CHEESE	◇	2110	7.3	25.3	12.4	64	0.1	9.2	662	27	569	2	6.8	3.3	17.3	0.0	2.5	179
COPPER KETTLE CHIPS - CHAMPAGNE & SHALLOT	★★◇	2190	6.9	30.2	2.4	54.2	2.9	2.6	541	40	876	2.8	12.1	1	21.7	1.2	1	216
COPPER KETTLE CHIPS - DIJON MUSTARD AND HONEY	★★◇	2190	7	30	2.4	55.1	2.9	5.4	452	40	876	2.8	12	0.9	22	1.1	2.2	181
COPPER KETTLE CHIPS - HONEY SOY CHICKEN	★★◇	2200	7.1	30.4	2.4	54.6	2.9	5.2	520	40	878	2.8	12.1	1	21.8	1.2	2.1	208
COPPER KETTLE CHIPS - SAFFRON & SAGE	★★◇	2190	7.2	30.4	2.8	53.7	3.0	2.9	504	40	876	2.9	12.2	1.1	21.5	1.2	1.2	202
COPPER KETTLE CHIPS - SALT & VINEGAR	★★	2170	6.8	30.9	2.4	52.2	2.9	2.2	921	40	867	2.7	12.3	1	20.9	1.2	0.9	368
COPPER KETTLE CHIPS - SEA SALT	★★◇	2230	7	31.9	2.5	53	3.0	1	518	40	890	2.8	12.8	1	21.2	1.2	0.4	207
COPPER KETTLE CHIPS - VINTAGE CHEDDAR & RED ONION	★★◇	2190	7.5	30.6	2.6	53.4	3.0	3.6	604	40	875	3	12.2	1.1	21.4	1.2	1.4	242
COPPER KETTLE CHIPS - WAGYU BEEF & WASABI CREAM	★★★	2190	7.1	30.4	2.4	54.2	3.1	2	380	40	877	2.8	12.2	1	21.7	1.2	0.8	152
COPPER KETTLE CHIPS - WOOD FIRED BBQ	★★◇	2200	7	30.5	2.4	54.4	3.0	3.8	568	40	878	2.8	12.2	0.9	21.8	1.2	1.5	227
DELUSIO® CHIPS - CARAMELISED ONION & BALSAMIC VINEGAR	★★	2250	6.9	33.1	2.7	52	2.8	4.8	490	27	608	1.9	8.9	0.7	14	0.8	0.8	132
DELUSIO® CHIPS - FETA & HERB	★★◇	2290	6.7	34.9	2.7	50.7	2.9	1	440	27	619	1.8	9.4	0.7	13.7	0.8	0.8	119
DELUSIO® CHIPS - FINE SEA SALT	★★	2240	7.2	32.6	2.6	51.3	2.8	2.3	637	27	603	1.9	8.8	0.7	13.8	0.8	0.8	172
DELUSIO® CHIPS - GREEK TZATZIKI	★★	2250	6.8	33.3	2.6	51.1	2.9	3.4	683	27	607	1.8	9	0.7	13.8	0.8	0.8	184
DELUSIO® CHIPS - SWEET CHILLI RELISH	★★	2250	6.5	32.9	2.6	52.7	2.8	3.7	493	27	608	1.8	8.9	0.7	14.2	0.8	0.8	133
DELUSIO® CHIPS - TERIYAKI CHICKEN	★	2170	8.9	26.9	13.1	58.5	3.6	2.4	618	27	586	2.4	7.3	3.6	15.8	1.0	0.6	167
DORITOS® CORN CHIPS - NACHO CHEESE	★◇	2150	7.6	25.8	12.5	61	3.6	3.5	382	27	581	2.1	7	3.4	16.5	1.0	0.9	103
DORITOS® CORN CHIPS - FLAMEGRILLED BBQ	★	2120	8.2	24.9	12	60.6	3.7	2.7	769	27	573	2.2	6.7	3.2	16.4	1.0	0.7	208
DORITOS® CORN CHIPS - LATE NIGHT SOUTHERN FRIED CHICKEN	★◇	2140	7.7	25.5	12.3	60.9	3.5	2.9	572	27	577	2.1	6.9	3.3	16.4	0.9	0.8	154
DORITOS® CORN CHIPS - LATE NIGHT TACO	★◇	2140	7.3	25.7	12.4	60.6	3.7	2.2	652	27	577	2	6.9	3.3	16.4	1.0	0.6	176
DORITOS® CORN CHIPS - MEXICANA	★	2130	8.5	25.3	12.2	59.7	3.8	2.3	868	27	574	2.3	6.8	3.3	16.1	1.0	0.6	234
DORITOS® CORN CHIPS - ORIGINAL SALTED	★◇	2110	8.2	23.2	11.2	63.7	3.8	1	435	27	570	2.2	6.3	3	17.2	1.0	0.3	117
DORITOS® CORN CHIPS - SALSA	★◇	2150	7.7	25.4	12.2	61.1	3.7	3.8	570	18	386	1.4	4.6	2.2	11	0.7	0.7	103
DORITOS® CORN CHIPS - SUPERNOVA	★◇	2160	7.5	25.9	12.5	61	3.5	3.3	457	27	582	2	7	3.4	16.5	0.9	0.9	123
DORITOS® CORN CHIPS - SWEET CHILLI	★	2140	7.8	25.3	12.2	61.3	3.7	5.1	575	17	364	1.3	4.3	2.1	10.4	0.6	0.9	98
KRISPA® COOL CRISPS WHEAT FLAVOURED SNACK	◇	2000	8.3	19.9	9.5	65.1	0.1	3.1	1680	25	499	2.1	5	2.4	16.3	0.0	0.8	421
LE SNAK® CHEESE & BACON FLAVOURED DIP WITH CRISPBREAD	◇	1690	12.1	26.3	15.1	27.6	0.6	6	976	22	372	2.7	5.8	3.3	6.1	0.1	1.3	215

PRODUCT	HEALTH STAR RATING	Nutrition Information per 100g								Nutrition Information per Serve								
		ENERGY (kJ)	PROTEIN (g)	TOTAL FAT (g)	SATURATED FAT (g)	CARBOHYDRATE (g)	DIETARY FIBRE (g)	SUGAR (g)	SODIUM (mg)	SERVE SIZE (g)	ENERGY (kJ)	PROTEIN (g)	TOTAL FAT (g)	SATURATED FAT (g)	CARBOHYDRATE (g)	DIETARY FIBRE (g)	SUGAR (g)	SODIUM (mg)
LE SNAK® CHEESE FLAVOURED DIP WITH CRISPBREAD	◇	1710	12.3	26.8	15.4	27.4	0.6	5.9	985	22	376	2.7	5.9	3.4	6	0.1	1.3	217
LE SNAK® CHEESE SUPREME FLAVOURED DIP WITH CRISPBREAD	◇	1710	12.3	26.5	15.3	27.8	0.6	6	1050	22	376	2.7	5.8	3.4	6.1	0.1	1.3	231
LE SNAK® FRENCH ONION FLAVOURED DIP WITH CRISPBREAD	◇	1690	12.1	26.2	15.1	27.7	0.6	6	969	22	372	2.7	5.8	3.3	6.1	0.1	1.3	213
LE SNAK® TASTYMITE FLAVOURED DIP WITH CRISPBREAD	◇	1690	12.2	26.1	15	27.9	0.6	6.3	1050	22	372	2.7	5.7	3.3	6.1	0.1	1.4	231
SUNBITES® GRAIN WAVES WHOLEGRAIN CHIPS - GOLDEN CHEDDAR	★★	2100	7.9	23.3	3.9	64.3	2.6	7.8	592	40	838	3.1	9.3	1.6	25.7	1.1	3.1	237
SUNBITES® GRAIN WAVES WHOLEGRAIN CHIPS - HONEY MUSTARD	★★◇	2120	7.8	23.6	3.8	64.8	2.7	8	294	40	846	3.1	9.4	1.5	25.9	1.1	3.2	118
SUNBITES® GRAIN WAVES WHOLEGRAIN CHIPS SALSA	★★◇	2110	7.9	23.7	3.8	64.1	2.9	7.6	350	40	844	3.2	9.5	1.5	25.6	1.2	3	140
SUNBITES® GRAIN WAVES WHOLEGRAIN CHIPS SOUR CREAM & CHIVES	★★	2090	7.8	23	3.8	64.5	2.7	8.8	505	40	836	3.1	9.2	1.5	25.8	1.1	3.5	202